



# Haralson Middle and High School Lunch Menu

2019

<p><b>Tuesday, Jan. 8</b></p> <p>Teriyaki Chicken w/ Rice General Tso's w/ Rice Steamed Broccoli Carrots Fortune Cookie Mandarin Oranges, Apple Milk Choice</p>	<p><b>Wednesday, Jan. 9</b></p> <p>Popcorn Chicken w/ Breadstick Corn Dog Nuggets Tossed Salad w/ Ranch Sweet Potato Waffle Fries Banana, Strawberry Cup Milk Choice</p>	<p><b>Thursday, Jan. 10</b></p> <p>Rib-be-que Sandwich BBQ Drumsticks Baked Beans Roasted Potatoes Canned Peaches and Canned Pears Milk Choice</p>	<p><b>Friday, Jan. 11</b></p> <p>Potato Crusted Fish w/ Hushpuppies Chicken Sandwich Lettuce, Tomato, Pickle Onion Rings Corn Mixed Fruit, Orange Milk Choice</p>
<p><b>Tuesday, Jan. 15</b></p> <p>Build Your Own Burrito Shredded Chicken or Taco Beef Cheesy Refried Beans Lettuce, Diced Tomatoes, Diced Cucumbers, Shredded Cheese Sour Cream and Salsa Jalapenos Mandarin Oranges or Apple Milk Choice</p>	<p><b>Wednesday, Jan. 16</b></p> <p>Hot Dog or Cheeseburger Lettuce, Tomato, Pickle Corn Sweet Potato Fries Red Pear or Pineapple Milk Choice</p>	<p><b>Thursday, Jan. 17</b></p> <p>Spicy Chicken Sandwich Or BBQ Sandwich Baked Beans Lettuce, Tomato, Pickle Oven Fries Peaches, Banana Milk Choice</p>	<p><b>Friday, Jan. 18</b></p> <p>Cheese Sticks w/ Marinara Chicken Tenders w/ Breadstick Tossed Salad w/ Ranch Green Beans Pears, Orange Milk Choice</p>
<p><b>Tuesday, Jan. 22</b></p> <p>Buffalo Chicken Pizza Or Chicken Strips w/ Homemade Roll Garden Salad w/ Dressing Corn Scalloped Carrots Fruit Choice &amp; Milk Choice</p>	<p><b>Wednesday, Jan. 23</b></p> <p>Chili Cheese Fries Or Spaghetti w/ Breadstick Tossed Salad w/ Dressing Broccoli Carrots Fruit Choice Milk Choice</p>	<p><b>Thursday, Jan. 24</b></p> <p>Chicken Pot Pie Chicken Strips w/ Roll Green Beans Mashed Potatoes Fruit Choice Milk Choice</p>	<p><b>Friday, Jan. 25</b></p> <p>Nachos or Totally Taco Snax Cheesy Refried Beans Shredded Lettuce and Diced Tomatoes Salsa and Sour Cream Corn Fruit Choice Milk Choice</p>
<p><b>Tuesday, Jan. 29</b></p> <p>Spicy Chicken Sandwich Cheeseburger Onion Rings Lettuce and Pickles Baked Beans Fruit Choice Milk Choice</p>	<p><b>Wednesday, Jan. 30</b></p> <p>Hickory Fries or Vegetable Soup w/ Grilled Cheese Tossed Salad w/ Dressing Broccoli w/ Cheese Fruit Choice Milk Choice</p>	<p><b>Thursday, Jan. 31</b></p> <p>Buffalo Chic Tater Tot Casserole Mesquite Glazed Drumsticks Squash Casserole Green Peas Celery sticks w/ Ranch Roll Fruit Choice Milk Choice</p>	<p><b>Friday, Feb. 1</b></p> <p>Beef Stroganoff or Chicken Alfredo Tossed Salad w/ dressing Sweet Potato Tots Black Eyed Peas Fruit Choice Milk Choice</p>

This institution is an equal opportunity provider.