



Middle and High School Lunch Menu

			February 1, Friday Cherry Blossom Chicken Sriracha Chicken Asian Rice Oriental Vegetables ½ Egg Roll Carrots Fruit Choice Milk Choice
February 5, Tuesday Buffalo Chicken Chunks w/ Pretzel & Cheese Sauce Ribeye Sandwich Sweet Potato Waffle Fries Tossed Salad w/ Dressing BBQ Baked Beans Fruit Choice Milk Choice	February 6, Wednesday Hickory Fries Vegetable Soup w/ Grilled Cheese Tossed Salad w/ Dressing Okra Fruit Choice Milk Choice	February 7, Thursday Nachos or Flauta Refried Beans Shredded Lettuce Diced Tomatoes Salsa & Sour Cream Corn Fruit Choice Milk Choice	February 8, Friday Buffalo Tater Tot Casserole BBQ Chicken Drumsticks Macaroni and Cheese Tossed Salad w/Dressing Green Beans Carrot Sticks w/ Ranch Fruit Choice Milk Choice
February 12, Tuesday Cheese sticks w/ Marinara Pizza Tossed Salad w/ Dressing Okra Corn Fruit Choice Milk Choice	February 13, Wednesday Build Your Own Burrito Shredded Chicken or Taco Beef Cheesy Refried Beans Lettuce, Diced Tomatoes, Diced Cucumbers, Shredded Cheese Sour Cream and Salsa Jalapenos Mandarin Oranges or Apple Milk Choice	February 14, Thursday Mesquite Chicken Drumstick Chicken Strips Roll Mashed Potatoes Carrots Broccoli Salad Fruit Choice Milk Choice	February 15, Friday Tater Tot Casserole w/ Roll Dill Chicken Sandwich Lettuce, Tomato, & Pickle Squash Casserole Tossed Salad w/ Dressing Green Beans Fruit Choice Milk Choice
February 19, Tuesday Teriyaki Chicken Asian Chicken Asian Rice Broccoli Carrots ½ Egg Roll Fruit Choice Milk Choice	February 20, Wednesday Chicken Pot Pie Dill Chicken Chunks Roll Roasted Potatoes Green Beans Tossed Salad w/ Dressing Fruit Choice Milk Choice	February 21, Thursday Beef or Chicken Nachos Refried Beans Shredded Lettuce Diced Tomatoes Salsa & Sour Cream Corn Fruit Choice Milk Choice	February 22, Friday Cheeseburger Cheese sticks w/ Marinara Lettuce, Tomato, & Pickle Tossed Salad w/ Dressing Sweet Potato Wedges Green Peas Fruit Choice Milk Choice
February 26, Tuesday Taco Casserole Poblano Wrap Cheesy Refried Beans Shredded Lettuce & Diced Tomatoes Salsa & Sour Cream Fruit Choice Milk Choice	February 27, Wednesday Chili Cheese Fries w/ Bread stick Spicy Chicken Sandwich Oven Fries Broccoli Salad Fruit Choice Milk Choice	February 28, Thursday Beef Stroganoff Chicken Alfredo Tossed Salad w/ dressing Sweet Potato Wedges Black Eyed Peas Fruit Choice Milk Choice	