



Middle and High School Lunch Menu

<p>Tuesday, Sept. 3</p> <p>BBQ Sandwich or Spicy Chicken Sandwich Lettuce, Tomato and Pickle Baked Beans, French Fries Slaw Fruit Choice Milk Choice</p>	<p>Wednesday, Sept. 4</p> <p>Buffalo Chicken Chunks w/ Homemade Roll Or Ribeye Sandwich Sweet Potato Wedges Tossed Salad w/ Dressing Baked Beans Fruit Choice Milk Choice</p>	<p>Thursday, Sept. 5</p> <p>Chicken and Dumplings Or Salisbury Steak w/ Roll Broccoli Casserole Okra Carrots Fruit Choice Milk Choice</p>	<p>Friday, Sept. 6</p> <p>Fajitas or Quesadillas Cheesy Refried Beans Shredded Lettuce and Diced Tomatoes Corny Bean Salad Salsa and Sour Cream Fruit Choice Milk Choice</p>
<p>Tuesday, Sept. 10</p> <p>Beef Stroganoff or BBQ Chicken Drumsticks w/ Macaroni and Cheese Garden Salad w/ Dressing Green Beans Carrots w/ Ranch Fruit Choice Milk Choice</p>	<p>Wednesday, Sept. 11</p> <p>Cheeseburger or Spicy Chicken Sandwich Lettuce, Tomato and Pickle Onion Rings Pasta Salad Fruit Choice Milk Choice</p>	<p>Thursday, Sept. 12</p> <p>Build your Own Sub Ham, Turkey, Cheese and all the fixings plus chips or Spaghetti w/ Breadstick Garden Salad w/ Dressing Broccoli Sweet Potato Wedges Fruit Choice Milk Choice</p>	<p>Friday, Sept. 13</p> <p>Chicken Alfredo or Spicy Chicken Strips Homemade Roll Broccoli Salad Ginger Carrots Okra Fruit Choice Milk Choice</p>
<p>Tuesday, Sept. 17</p> <p>Nachos or Burritos Cheesy Refried Beans Shredded Lettuce and Diced Tomatoes Salsa and Sour Cream Mexicali Corn Fruit Choice Milk Choice</p>	<p>Wednesday, Sept. 18</p> <p>Meatball Sub or Pepperoni Pizza Tossed Salad w/ Dressing Texas Caviar Sweet Potato Fries Fruit Choice Milk Choice</p>	<p>Thursday, Sept. 19</p> <p>Teriyaki Chicken w/ Rice Or Cheese Sticks w/ Marinara Broccoli Salad Carrots Corn Fruit Choice Milk Choice</p>	<p>Friday, Sept. 20</p> <p>Tater Tot Casserole or Chicken Strips Homemade Roll Squash Casserole Garden Salad w/ Dressing Green Beans Fruit Choice Milk Choice</p>
<p>Tuesday, Sept. 24</p> <p>BBQ Sandwich Spicy Chicken Sandwich Lettuce, Tomato and Pickle Baked Beans French Fries Slaw Fruit Choice Milk Choice</p>	<p>Wednesday, Sept. 25</p> <p>Buffalo Chicken Pizza Or Chicken Strips w/ Homemade Roll Garden Salad w/ Dressing Corn Ginger Carrots Fruit Choice Milk Choice</p>	<p>Thursday, Sept. 26</p> <p>Build your Own Sub Ham, Turkey, Cheese and all the fixings plus chips or Spaghetti w/ Breadstick Garden Salad w/ Dressing Broccoli Sweet Potato Wedges Fruit Choice Milk Choice</p>	<p>Friday, Sept. 27</p> <p>Taco Casserole Or Chicken Tacos Cheesy Refried Beans Shredded Lettuce and Diced Tomatoes Salsa and Sour Cream Mexicali Corn Fruit Choice Milk Choice</p>