



Middle and High School August Lunch Menu

Tuesday, August 2	Wednesday, August 3	Thursday, August 4	Friday, August 5
Cheeseburger Or Hot Dog Onion Rings Carrots (2) Fruit Choice Milk Choice	Cheese Sticks w/ Marinara Or Pizza Tossed Salad w/ Dressing Corn (2) Fruit Choice Milk Choice	Chicken Strips w/ Roll Or Corn Dog Black Eyed Peas French Fries (2) Fruit Choice Milk Choice	Steak Nuggets Or Chicken Sandwich Macaroni and Cheese Sweet Potato Wedges (2) Fruit Choice Milk Choice
Tuesday, August 9	Wednesday, August 10	Thursday, August 11	Friday, August 12
Teriyaki Chicken w/ Rice Or General Tso's Chicken w/ Rice Broccoli ½ Egg Roll Fortune Cookie (2) Fruit Choice Milk Choice	Chicken Parmesan Or Chicken Strips w/ Roll Tossed Salad w/ Dressing Carrots (2) Fruit Choice Milk Choice	Nachos Or Cheese Quesadilla Black Beans Shredded Lettuce & Diced Tomatoes Salsa & Sour Cream (2) Fruit Choice Milk Choice	Beef Stroganoff Or Rib B Que Sandwich Sweet Potato Wedges Corn (2) Fruit Choice Milk Choice
Tuesday, August 16	Wednesday, August 17	Thursday, August 18	Friday, August 19
BBQ Sandwich Or Meatball Sub Baked Beans Sweet Potato Wedges (2) Fruit Choice Milk Choice	Sloppy Joe Or Chicken Sandwich French Fries Carrots (2) Fruit Choice Milk Choice	Chicken Sandwich Or Tator Tot Casserole Baked Beans Pasta Salad (2) Fruit Choice Milk Choice	Spaghetti w/ Breadstick Or Pizza Tossed Salad w/ Dressing Onion Rings (2) Fruit Choice Milk Choice
Tuesday, August 23	Wednesday, August 24	Thursday, August 25	Friday, August 26
Pizza Or Chicken Alfredo w/ Breadstick Carrots Broccoli (2) Fruit Choice Milk Choice	Fruit Plate: Watermelon, Cantaloupe, Grapes, Carrot Sticks w/ Ranch, Cheese Stick & Gold Fish Crackers Or Buffalo Chicken Sandwich French Fries Carrot Sticks w/ Ranch (2) Fruit Choice Milk Choice	Nachos Or Cheese Quesadilla Black Beans Shredded Lettuce & Diced Tomatoes Salsa & Sour Cream (2) Fruit Choice Milk Choice	Steak & Gravy w/Roll Or Chicken Strips w/Roll Mashed Potatoes Peas (2) Fruit Choice Milk Choice
Tuesday, August 30	Wednesday, August 31		
Cheeseburger Or Hot Dog Onion Rings Carrots (2) Fruit Choice Milk Choice	Cheese Sticks w/ Marinara Or Pizza Tossed Salad w/ Dressing Corn (2) Fruit Choice Milk Choice		

This institution is an equal opportunity provider. Menus may vary according to market conditions, delivery, and availability of food items.

LUNCH BUDDIES AVAILABLE DAILY for students who bring their lunch.

