



Middle and High School  
Breakfast Menu

Week 1 & 3 Tuesday Breakfast Pizza Cheese Omelet w/ Biscuit Sausage Biscuit Fruit Juice Choice Fruit Choice Milk Choice	Week 1 & 3 Wednesday Breakfast on a Stick Cereal Bar w/ Muffin Chicken Biscuit Fruit Juice Choice Fruit Choice Milk Choice	Week 1 & 3 Thursday Pancakes Sausage Biscuit Bacon Biscuit Fruit Juice Choice Fruit Choice Milk Choice	Week 1 & 3 Friday Ham and Cheese Croissant Chicken or Spicy Chicken Biscuit Breakfast Burrito Fruit Juice Choice Fruit Choice Milk Choice
Week 2 & 4 Tuesday Sausage Biscuit Breakfast Burrito Breakfast Bagel Fruit Juice Choice Fruit Choice Milk Choice	Week 2 & 4 Wednesday Gravy Biscuit Yogurt Parfait Chicken or Spicy Chicken Biscuit Fruit Juice Choice Fruit Choice Milk Choice	Week 2 & 4 Thursday Meat, Egg, and Cheese Biscuit Breakfast Ham Casserole Honey Bun Fruit Juice Choice Fruit Choice Milk Choice	Week 2 & 4 Friday Fruit Smoothie with Muffin Donut Chicken Biscuit Fruit Juice Choice Fruit Choice Milk Choice

This institution an equal opportunity provider. Menus may vary according to market conditions, delivery, and availability of food items.

Grab and Go extra items: Blueberry Biscuits, Cheese Biscuits, Cereal Bars, Cinnamon Rolls, Danish, Donuts, Dutch Waffle, Frudel, Granola Bars, Grits, Honey Bun, Muffin, Oatmeal, Pancakes, Pop Tarts, Scones, Steak Biscuits, Tornadoes, Uncrustable, Waffles; Apple or Banana; Fruit Juice